

<b>Pre-Proning Checklist</b>	
<b>General</b>	Assess for absolute and relative contraindications
	Inform Next of Kin
	If feasible, consider subsequent prone positioning in the evening to reduce the need for significant position changes overnight.
	Condition of patient's skin should be documented
<b>Airway</b>	Ensure orange airway box at bedside
	Is a chest x-ray indicated before prone positioning?
	ETT secure with ties (note length at teeth)
	Foam pads to sides of mouth under ET ties and between ET tube and lip
	Suction oropharynx and trachea
	Apply yellow paraffin to lips
	Increase Fio2 to 100% pre-turn
<b>Eye Care</b>	Apply Lubricant to eyes and tape eyes closed
<b>Lines/Tubing</b>	Does the patient require a vascath? If so aim to place pre-prone positioning.
	Disconnect all non-essential IV lines, place syringe drivers onto a mobile drip stand.
	Ensure all IV lines are long in length to facilitate manoeuvre.
	All wound drains and catheters in between legs/bag at foot of bed.
	Chest drains, have a dedicated person whose role is to maintain the drain below the level of the patients' chest. If this cannot be achieved, then clamp the drain for the manoeuvre. Unclamp as soon as possible.
	New ECG stickers ready for use, place on patients' back.
	Remove flowtrons for manoeuvre
<b>NGT</b>	Document length of the NG tube.
	Disconnect feed and aspirate NGT (restart once proned)
<b>Pressure Areas</b>	Foam pads to nipples, knees and toes
<b>Miscellaneous</b>	Ensure bottom of the bed is pulled out for toes
	Place patient in the 'swimming' position once proned
	Ideally patient should be on a nimbus mattress. This may not be feasible if patient is unstable
<b>Drugs</b>	Ensure adequate sedation, consider muscle relaxant.
<b>Version 1.2 RJ for webpage Feb 2024</b>	

<b>Checklist to use after the patient is placed in prone position.</b>	
<b>Airway</b>	<b>Note length of ETT</b>
	<b>Check suction catheter passes freely</b>
	<b>Return FiO2 to pre turn level</b>
<b>Eyes</b>	<b>Ensure pressure to eyes is removed.</b>
<b>Lines/Tubing</b>	<b>Re Attach all lines</b>
	<b>Check for any kinks in line</b>
	<b>Ensure pressure relief devices are in place to lines the pt is lying on</b>
	<b>Ensure chest drain is unclamped and working.</b>
	<b>Reapply ECG stickers and cables (In reverse order to pts front)</b>
	<b>Re apply flowtrons</b>
<b>NGT</b>	<b>Check length of NGT</b>
	<b>Return aspirate</b>
	<b>Reconnect and commence feed</b>
<b>Miscellaneous</b>	<b>Ensure Pts foot is not in an extended position</b>
	<b>Return Intubation box</b>
	<b>Document time the patient was turned on the observation chart</b>
	<b>Agree on target time for swim</b>
	<b>Post Prone ABG</b>
<b>Version 2.0 TJ TT November 2021</b>	