

Delirium screen (e.g. CAM-ICU) positive or suspect developing confusion



**CaECUM-
Causes, Environment, Communicate, Unexpected, Medications**

Causes

History, examination
and investigations.

Common causes:
Infections;
Drug/Alcohol
withdrawal;
Medications;
Underlying diseases;
Surgical
complications;
Dementia
M.I.

More information
and list of
Investigations
See full management
guide

Environment

External:
Calm and quiet
Family
Named nurses
Familiar
objects/ photos

Perception:
Glasses, hearing
aids, remove ear
wax

Internal
Treat- Pain,
constipation,
biochemistry,
Remove un-needed
medical devices
Give False teeth

Communicate

With Patient
(See full management
guide)

With Relatives
(See full management
guide)

Other ICU staff
Document
Handover

Other Staff
Referring team
Ward staff
GP

**Plan for
Unexpected
Deterioration
(s.e.m.i.n.a.r)**

S- Staffing
E- Environment
M-Medications
**I- intubation and
ventilation**
**N- Not needed
medical devices**
**A-Are all other
steps in CaECUM
followed**
R-Relatives

More information
See full management
Guide

Medications

**Medications
that may cause
delirium**

**Medications to
treat delirium
(start low, go
slow)**

**Medication
withdrawals**
Alcohol
Opiates
Benzodiazepines
Nicotine
Antidepressants
See full management
Guide

Full management guide can be found at: <http://gmccn.org.uk/delirium>